**Little Friends** Taking turns, social and emotional literacy, being polite while collecting Little Friends. 4-9 years

1. **RoadRace** Dealing with frustration while waiting for your turn. Social and emotional literacy. 4-9 years
2. **Friendly Island-Lonely Island** More complex game play – avoid frustration and sharks while practicing social and emotional skills. 4-10 years
3. **Rainbows & Waterfalls** Dealing with frustration while talking, listening, self-soothing, winning, losing 4-10
4. **Friendly Friends** Solve social dilemmas and learn about friendship, friendliness, politeness. Reflection sheets 6-14y
5. **Tease** Being assertive while dealing with Pests and Bullies. Reflection Sheets - build resilience, when to seek help. 7-15 yr
6. **Think Again** Social dilemmas, alternatives to aggression, anger management. Reflection sheets. 7-15 years
7. **Playground** Sportsmanship, social and emotional skills, collect and present awards while staying out of trouble. 7-14 y
8. **Give Me Strength** Group cohesion, all finish together! Give compliments, talk about feelings - kindness. 7 years and over
9. **Strong and Smart** Home, school, friends, physical challenges. Strong and Smart Rainbow Serpent. 9-15 years
10. **The Scariest Thing** Beat all the scary things and become resilient to anxiety. Reflection sheets included. 7 ++
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